

Newham Autism Diagnostic Service

Referral Form

The Newham Autism Diagnostic Service offers assessment and diagnosis to those who may be on the Autistic Spectrum.

To be considered for this service, referrals must meet the following criteria (please tick):

- 18 years and over**
- Resides in Newham**
- No existing diagnosis of Autism; including formerly used diagnostic terminology, e.g., Asperger's Syndrome, High Functioning Autism, Atypical Autism**

Please fill out this form completely and provide as much detail as possible, you may need someone to help you.

Forenames:		Surname:	
Email:		Phone No:	
NHS No:		Ethnicity:	
Next of Kin/ Carer		Phone No:	
Address:			

Please describe your background, social circumstances & presenting concerns:

(i.e., Personal circumstances, difficulties with behaviour, mood, education/occupation, social relationships, evidence of developmental delay, previous and current diagnoses, family history of autism, etc...)

Please describe any difficulties in social communication and reciprocal social interaction:

(i.e.: Mixing with people socially; making small talk; speech abnormalities; understanding others' points of view & feelings; developing & maintaining friendships; difficulties with using eye contact, facial expressions and body language; difficulties recognising & interpreting others' verbal & non-verbal communication, etc...)

Please provide specific examples:

Do you have any particularly intense interests, in which you may invest considerable amounts of time?

Do you have any marked routines, rigidity or obsessive behaviours?

Do you need any special considerations? (E.g., difficulties attending appointments, need for interpreter or other special adjustments)

Have you ever harmed yourself, thought about suicide or engaged in any other self-injurious behaviours?

Please fill out the AQ-10 form (attached below) and send with completed referral form to:

nelondonicb.abbeyroadpatientdocument@nhs.net

For GP use only:

Details of Referrer:

Name:		Job Title:	
Contact details:	020 8534 6500	Date of referral:	

AQ-10

Autism Spectrum Quotient (AQ)

A quick referral guide for adults with suspected autism who do not have a learning disability

Please tick one option per question only:		Definitely Agree	Slightly Agree	Slightly Disagree	Definitely Disagree
1	I often notice small sounds when others do not	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2	I usually concentrate more on the whole picture, rather than the small details	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3	I find it easy to do more than one thing at once	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4	If there is an interruption, I can switch back to what I was doing very quickly	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5	I find it easy to 'read between the lines' when someone is talking to me	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6	I know how to tell if someone listening to me is getting bored	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7	When I'm reading a story I find it difficult to work out the characters' intentions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8	I like to collect information about categories of things (e.g. types of car, types of bird, types of train, types of plant etc)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9	I find it easy to work out what someone is thinking or feeling just by looking at their face	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10	I find it difficult to work out people's intentions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Key reference: Allison C, Auyeung B, and Baron-Cohen S, (2012) *Journal of the American Academy of Child and Adolescent Psychiatry* 51(2):202-12



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autism research centre

